

## With God's Help

So many things may feel so confusing right now. Things we thought we knew may be questioned. Schedules are ramping up for the all the intensity of school and holiday schedules. We have, in good measure, reengaged after our desert time of pandemic and shut down, even though we are seeing more covid again. Things have restarted with changes and in new ways. Uncertainty over financial issues is rising.

In my personal situation, life changes are leading to a feeling of being somewhat disorganized. Files to make or get rid of. Closets to clean. Priorities to review, about activities, possessions. Fall is my favorite season because it is a time of change. But when life is a little wobbly, it can be easy to forget some pretty basic things. God is with us at all times. Take one day at a time...shoot, take one minute at a time. Especially take time to breathe.

In the baptismal service, when we are asked to make our declaration of faith the answer given in the service is not “yep, I’ve got this”; the answer is “I will with God’s help”. We are not only allowed to make that condition of needing help, we are taught to do that. We are taught to admit and recognize the beauty of the dependence on the love which is God. This is not just reserved for big things.

When we make a list for the day, we can say we will do whatever it is with God’s help. Years ago I was given a paper tote bag on a coat hanger decorated with this message: “Good morning! This is God. I will be handling all your problems today. I do not need your help. Have a good day!” I give lip service to this idea. Nod and smile. Think about it once in a while. But do I really live it?

The phrase “With God’s Help” is an easy addition to speech and thought. I don’t hear it often and was only just recently reminded to bring it out of the Prayer Book and into daily life. Into all kinds of planning and all kinds of relationship. Do it with God’s help. Love that one with God’s help. All things will be brighter, with God’s help.

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